CEM 2025 Spring Schedule

Week 1

Group	Type	Day	Date	Start Time	End Time	Location	Address
Group 1	GYM	Monday	2025-05-05	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Monday	2025-05-05	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Monday	2025-05-05	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Wednesday	2025-05-07	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Wednesday	2025-05-07	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Wednesday	2025-05-07	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Thursday	2025-05-08	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Thursday	2025-05-08	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Thursday	2025-05-08	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	ICE	Sunday	2025-05-11	8:00	9:30	Aréna Yvon-Chartrand	4100 Blvd. de la Concorde E, Laval, QC H7E 2E3
Group 2	ICE	Sunday	2025-05-11	9:30	11:00	Aréna Yvon-Chartrand	4100 Blvd. de la Concorde E, Laval, QC H7E 2E3

Week 2

Group	Type	Day	Date	Start Time	End Time	Location	
Group 1	GYM	Monday	2025-05-12	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Monday	2025-05-12	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Monday	2025-05-12	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Wednesday	2025-05-14	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Wednesday	2025-05-14	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Wednesday	2025-05-14	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Thursday	2025-05-15	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Thursday	2025-05-15	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Thursday	2025-05-15	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	ICE	Saturday	2025-05-17	10:30	12:00	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3
Group 2	ICE	Saturday	2025-05-17	12:00	13:30	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3
Group 1	ICE	Sunday	2025-05-18	10:30	12:00	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3
Group 2	ICE	Sunday	2025-05-18	12:00	13:30	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3

Week 3

Group	Type	Day	Date	Start Time	End Time	Location	
Group 1	GYM	Monday	2025-05-19	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Monday	2025-05-19	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Monday	2025-05-19	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Wednesday	2025-05-21	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Wednesday	2025-05-21	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Wednesday	2025-05-21	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Thursday	2025-05-22	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Thursday	2025-05-22	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Thursday	2025-05-22	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	ICE	Saturday	2025-05-31	10:30	12:00	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3
Group 2	ICE	Sunday	2025-05-31	12:00	13:30	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3
Group 1	ICE	Sunday	2025-06-01	9:00	10:30	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3
Group 2	ICE	Sunday	2025-06-01	10:30	12:00	Aréna Saint-François	9449 Rue de Tilly, Laval, QC H7A 3S3

Week 4

Group	Type	Day	Date	Start Time	End Time	Location	
Group 1	GYM	Monday	2025-06-02	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Monday	2025-06-02	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Monday	2025-06-02	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Wednesday	2025-06-04	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Wednesday	2025-06-04	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Wednesday	2025-06-04	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Thursday	2025-06-05	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Thursday	2025-06-05	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Thursday	2025-06-05	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	ICE	Saturday	2025-06-07	14:00	15:30	Aréna Yvon-Chartrand	4100 Blvd. de la Concorde E, Laval, QC H7E 2E3
Group 2	ICE	Saturday	2025-06-07	15:30	17:00	Aréna Yvon-Chartrand	4100 Blvd. de la Concorde E, Laval, QC H7E 2E3
Group 1	ICE	Sunday	2025-06-08	8:00	9:30	Aréna Yvon-Chartrand	4100 Blvd. de la Concorde E, Laval, QC H7E 2E3
Group 2	ICE	Sunday	2025-06-08	9:30	11:00	Aréna Yvon-Chartrand	4100 Blvd. de la Concorde E, Laval, QC H7E 2E3

Week 5

Group	Type	Day	Date	Start Time	End Time	Location	
Group 1	GYM	Monday	2025-06-09	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Monday	2025-06-09	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Monday	2025-06-09	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Wednesday	2025-06-11	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Wednesday	2025-06-11	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Wednesday	2025-06-11	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Thursday	2025-06-12	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Thursday	2025-06-12	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Thursday	2025-06-12	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	ICE	Saturday	2025-06-14	10:30	12:00	Aréna Hartland-Monahan	6200 Bd Arthur-Sauvé, Laval, QC H7R 3X7
Group 2	ICE	Saturday	2025-06-14	12:00	13:30	Aréna Hartland-Monahan	6200 Bd Arthur-Sauvé, Laval, QC H7R 3X7
Group 1	ICE	Sunday	2025-06-15	10:30	12:00	Aréna Hartland-Monahan	6200 Bd Arthur-Sauvé, Laval, QC H7R 3X7
Group 2	ICE	Sunday	2025-06-15	12:00	13:30	Aréna Hartland-Monahan	6200 Bd Arthur-Sauvé, Laval, QC H7R 3X7

Week 6

Group	Type	Day	Date	Start Time	End Time	Location	
Group 1	GYM	Monday	2025-06-16	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Monday	2025-06-16	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Monday	2025-06-16	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Wednesday	2025-06-18	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Wednesday	2025-06-18	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Wednesday	2025-06-18	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	GYM	Thursday	2025-06-19	17:00	18:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 2	GYM	Thursday	2025-06-19	18:00	19:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 3	GYM	Thursday	2025-06-19	19:00	20:00	Big Daddy Fitness	5155 Rue de Sorel, Montreal, Quebec H4P 1G7
Group 1	ICE	Saturday	2025-06-21	9:00	10:30	Aréna Mike-Bossy	163 Boulevard Sainte-Rose E, Laval, Quebec H7H 1P2
Group 2	ICE	Saturday	2025-06-21	10:30	12:00	Aréna Mike-Bossy	163 Boulevard Sainte-Rose E, Laval, Quebec H7H 1P2